THE HEALTH NETWORK OF THE CHESTER COUNTY HOSPITAL FALL 2006

### Welcome Cleveland Clinic

Most people know that Cleveland, Ohio, sits on the shores of Lake Erie and is home to the Rock and Roll Hall of Fame and the Cleveland Browns. But there's one other significant landmark in this mid-western city that east-coast residents might not know as well — Cleveland is home to Cleveland Clinic, a renowned medical center whose Heart & Vascular Institute is the recognized world leader in the diagnosis and treatment of cardiovascular disease. >

Glescland Skyline

### Cleveland Clinic

Greetings from CLEVELAND

Rock & Roll Hall of Fame

## New Partnership Enhances Heart Care in Chester County

Here's another fact that will be of particular interest for the residents of the Chester County region. The Chester County Hospital and Cleveland Clinic have formed an affiliation in cardiac surgery.

The affiliation means that the expertise, experience, and research of the distinguished Cleveland Clinic is now available to heart patients in Chester County and surrounding areas. Cleveland Clinic, which every year since 1995 has been ranked No. 1 in the nation for cardiac care by U.S. News & World Report, invented coronary angiography, performed the first cardiac bypass operation, and is the consistent pioneer in advancements in the prevention, diagnosis, and treatment of cardiovascular disease.

"From the start, The CardioVascular Center at The Chester County Hospital has provided top quality cardiac care in the Chester County region," says Verdi J. DiSesa, M.D., Chief of Cardiac Surgery at the Hospital. "Our partnership with the international leader in cardiac care ensures that we will continue to be able to offer state-of-the-art cardiovascular care close to home."

The Chester County Hospital's CardioVascular Center opened in 2001, providing the county's first invasive cardiovascular program. Since that time, The Center has treated more than 8,500 area residents. Services include prevention, diagnostic testing including echocardiography and cardiac catheterization, catheter interventions (angioplasty and stenting), diagnosis and treatment of abnormal heart rhythms, heart surgery (coronary revascularization, myocardial reconstruction after an infarction, valve replacement and repair, heart rhythm surgery, aortic surgery), and cardiac rehabilitation. "The opportunity to partner with the nation's leader in heart care is a tremendous opportunity for The Chester County Hospital, and a tremendous benefit for this region," says DiSesa.

The alliance between Cleveland Clinic's Department of Thoracic and Cardiovascular Surgery and The CardioVascular Center's surgery program, combines the academic, clinical and research components of Cleveland Clinic with The Chester County Hospital's high-quality clinical program.

Under the agreement, The Chester County Hospital's cardiothoracic surgeons, DiSesa and Martin LeBoutillier III, M.D., are members of Cleveland Clinic's medical staff and participate in their clinical conferences and educational programs. The Hospital now has access to the range of Cleveland Clinic's advanced resources and the knowledge gained from treating enormous numbers of patients. A larger patient population experiences a broader spectrum of cardiac disease, which presents more opportunities for learning how the disease manifests itself and what treatments work best. The partner institutions share cardiac surgery clinical policies, treatment protocols, and research opportunities, enabling both to benefit from the affiliation. Cleveland Clinic also has established affiliations with three other hospitals outside of Ohio – Cleveland Clinic Florida in Weston, Rochester General Hospital in New York and most recently Swedish Medical Center in Seattle.

Prior to completing the affiliation agreement with The Chester County Hospital, members of



Hospital Family Welcomes Cleveland Team at Longwood Gardens Gala Left to right: Bruce Lytle, M.D., of Cleveland Clinic; Verdi J. DiSesa, M.D., of The Chester County Hospital; Wiggie and John Featherman, Co-Chairs, the Friends of The CardioVascular Center at The Chester County Hospital; and H.L. Perry Pepper, President and CEO, The Chester County Hospital.

"They wanted to know that not only are our surgical skills up to their standards but that the entire Hospital professional and support staffs engaged in the care of heart surgery patients have the experience, training, knowledge, and skill to do so at a level consistent with their high standards," says Jean Caulfield, Senior Vice President of Professional Services.

"It was gratifying that the team from Cleveland Clinic really couldn't come up with many suggestions to improve what we are doing," Caulfield says. "This was tremendous affirmation that we are on the right track."

Cleveland Clinic's Administrative Medical Team visited The CardioVascular Center to review its medical protocols and data related to patient care and quality, to determine whether the Center met Cleveland Clinic's standards. The evaluators also looked for ways the Center could improve its care of patients having heart surgery. "The Chester County Hospital has an excellent cardiac surgical program, which is why we are proud to have them as our partner," says Bruce Lytle, M.D., Chairman of the Department of Thoracic and Cardiovascular Surgery at Cleveland Clinic. "Our combined efforts will enhance outstanding programs and improve patient care."

### BEATING THE CLOCK New LifeNet<sup>®</sup> System Treats Heart Attack Victims Faster

The CardioVascular Center at The Chester County Hospital has recently installed an electrocardiograph (EKG) system that significantly improves response time in treating heart attack victims – a matter of life and death since time is heart muscle for these patients. The Emergency Medical Services (EMS) teams are now equipped with Medtronic's LifePak® 12 cardiac monitor/defibrillator system which allows them to perform a 12 lead EKG in the field and transmit the results directly to the Hospital's Emergency Department. (ED) This new technology activates a Rapid Response Team approach as soon as it is determined a patient is in the midst of a major attack. The Cardiac Catheterization Laboratory team is notified immediately, even before the patient arrives in the ED.

Treatment for a heart attack includes rapid and effective reopening of the blocked coronary artery. This life saving process for patients' experiencing an acute heart attack is called Primary Angioplasty. The blocked artery is immediately opened with balloon catheters and stents, aborting a heart attack and saving heart muscle from permanent damage.

"We are constantly seeking improvements in our processes to minimize treatment time," comments Timothy J. Boyek, M.D., Director of Diagnostic and Interventional Catheterization Laboratories at The Chester County Hospital. "We now offer the LifePak® System in our Emergency Department as a means of providing the best possible cardiac care to positively enhance patient outcomes."

American College of Cardiology (ACC) national standards recommend hospitals strive to have patients in the catheterization laboratory with the blocked vessel open within 90 minutes of arrival time to the hospital. The CardioVascular Center at The Chester County Hospital beats this standard by treating patients on the average in less than the targeted 90 minutes, saving heart muscle and saving lives.

The Chester County Hospital was the first hospital in Chester County to offer this service 24 hours a day, 7 days a week. "Patients suffering from a heart attack are transported to our catheterization lab quicker, thereby suffering less heart muscle damage," Boyek concludes. The Chester County Hospital provides 24-hour, around-theclock patient care, seven days a week, 365 days a year. Sounds obvious, doesn't it? After all, it is a hospital.

But what patients and their families may not realize is that there is an elite medical team always at the ready to intercede with acute level of care should the need arise.

All it takes is a phone call by anyone – medical personnel or employee – from anywhere in the Hospital, and within minutes a highly skilled team of medical professionals will be at the patient's bedside, ready to assess, diagnose, and treat.

Don't think "Code Blue," a prevalent scenario in TV hospital dramas, which brings a small army of doctors and nurses running to resuscitate a patient who has stopped breathing or gone into cardiac arrest.





FIVE MEMBERS OF THE RAPID RESPONSE TEAM RESPOND TO A CALL. From left – Margie Petrillo, R.N., Janet Capriotti, R.N., Registered Respiratory Therapist, Linda Sullivan, R.N., Support Admission Monitor (SAM), Nicole Lalonde, CardioVascular Technician III, and Kristin McCormick, Registered Nurse Practitioner. condition is becoming unstable," says Kate Morse, C.R.N.P. and the Hospital's Director of Critical Care Certified Nurse Practitioners program. "The team works to provide the appropriate care in a timely manner, thus avoiding more serious situations."

Research pioneered in Australia revealed that patients who suffered cardiac or respiratory arrest exhibited changes in their vital signs some six-to-eight hours before the episode. The idea behind the RRT is to heed those early warning signs and take preemptive action to prevent the patient from progressing into a life-threatening state.

The Hospital's RRT, which has been functioning since May 2005, is led by a nurse practitioner or the house physician and includes a respiratory therapist, primary care nurse, EKG technician, nursing supervisor, nursing assistant and satellite monitoring nurse.

The goal of the new Rapid Response Team (RRT) is to prevent a "Code Blue" from ever happening.

"The team brings immediate critical care to the bedside when a patient's

This group of healthcare professionals, available 24 hours a day, assembles in a rapid fashion to respond to a patient who may be deteriorating clinically. While there are criteria for calling the team, the linchpin of the system is that the No. 1 reason to call the RRT can be unscientifically described as a "gut feeling" that something just isn't right.

"The top of the list includes the mention that a staff member is worried about a patient," Morse says. "Even if they can't articulate a specific problem, they are still encouraged to call. If the team does nothing more than reassure the staff member and patient that everything is okay, then the team has provided a valuable service."

Other criteria for alerting the team include a change in heart rate, blood pressure, respiratory rate, oxygen saturation, urine output, and mental status, as well as chest pain. The team averages 60-70 calls a month, Morse says.

The Hospital's RRT is unique among similar teams at other hospitals because it is headed by acute care nurse practitioners, instead of critical care RNs, thereby avoiding a delay in treatment.

"While a nurse cannot treat a patient without a physician's order, nurse practitioners can assess, diagnose, and treat, so there is no delay in therapy," Morse says.

The attending physician and the RRT are notified simultaneously, but if the doctor is not immediately available, in urgent situations nurse

practitioners can make decisions at the bedside and begin treating the patient.

The presence of the RRT has had a dramatic, positive effect at The Chester County Hospital.

A comparison of data detailing cardio-pulmonary arrests outside the Intensive Care Unit from the six months prior to the RRT being mobilized and the six months after it was up and running showed a 47% reduction in "Code Blues."

William F. Faulkner of Coatesville arrived at the Hospital in an ambulance and after completing a stress test began experiencing chest pressure and numbness down his left arm.

"The X-ray lab technician immediately went to the phone and requested

Statistics six months after RRT was in place compared to six months prior, showed a 47% decrease in 'Code Blues.'

the 'RRT,'" Faulkner wrote in a thank you letter to Hospital President H.L. Perry Pepper this past January. "Within one to two minutes 10 hospital personnel arrived at my side ready to provide assistance. Each of the team members had a specific task to perform and they went about fulfilling their assignments in a rapid and professional manner. Within minutes my vital signs were determined, an EKG was completed, drugs were administered, and I was whisked away to the Hospital's CardioVascular Center."

Faulkner ultimately underwent a catheterization to remove an arterial blockage and was released from the Hospital several days later. In his letter, Faulkner singled out the RRT.

"The speed, efficiency and professionalism they displayed in addressing an emergency situation

were impressive," Faulkner wrote.

"We really want our patients and their families to know that someone is watching over them while they are here under our care," says Dianne Lanham, R.N., M.S.N., Patient Safety and Quality Officer. "The Rapid Response Team is one of our most important initiatives as it not only improves care, but can save lives."

# Rooted in Pandemic

Somewhat coincidentally, The Chester County Hospital traces some of its historical roots back to the pandemic of 1918, known as the Spanish Flu.



#### Mr. Lewes A. Mason

WHEN THE OUTBREAK OF INFLUENZA PASSED ULTI-MATELY FROM BIRD TO PIG TO HUMAN, AND THEN BECAME A PANDEMIC WHEN IT TRAVELED INTERNA-TIONALLY, THE LOCAL COMMUNITY WAS EQUALLY AFFECTED.

One young man, Mr. Lewes A. Mason, a personal employee of Mr. Pierre S. du Pont, was among the people who contracted influenza during the 1918 pandemic. When he became ill, Hospital physicians attended to Mr. Mason at the du Pont's Longwood estate, because Mr. du Pont had been pleased with the medical attention Mr.

Mason had received two years prior when he fell from a tree and injured his hip.

At the time, The Chester County Hospital was a growing institution located just a few hundred yards from its current location, established by the community to care for the community. Unfortunately, the devastating Spanish Flu claimed Mr. Mason's life, just as it had so many others across the globe. He passed away in 1918.



Appreciative of the good care the physicians from The Chester County Hospital gave to his employee and friend, Mr. du Pont offered to fund the expansion and modernization of the Hospital with a \$1,000,000 gift as a lasting tribute to Mr. Mason. Mr. du Pont's personal commitment to state-of-the-art healthcare furthered the dream of those community supporters who had founded the Hospital as a 10-bed dispensary in 1892. Thanks to the generosity of Mr. du Pont, the Hospital broke ground at its current location in 1924, underwent major construction, and began admitting patients in September 1925.

In memoriam, a large gold seal was inlayed in the floor of the oldest part of the Hospital. It reads, "Erected in 1924 to the memory of Lewes A. Mason – 1896 -1918." The seal is a symbol of the Hospital's growth.

According to Hospital archives, "The best possible hospital was the goal, and great care was taken to achieve it." As a result of the care Mr. Mason received, the Hospital grew to become a 120-bed facility in 1924 with two large operating rooms, a men's medical and surgical ward, a maternity ward, a children's ward, a room to treat accident victims, and a ward for contagious diseases.

Between 1925 and today, the Hospital has had significant growth both physically and programmatically while maintaining its original purpose of caring for the greater community.

And as the term "pandemic" creeps back into our every day consciousness, the Hospital has been proactive as it prepares to protect the health and welfare of the community it serves, should the flu travel to Chester County. With the Avian Flu making recent headlines, communities around the world are preparing for a potential outbreak within the United States. Should an outbreak occur, the healthcare industry will no doubt be called on to perform.

To assure that The Chester County Hospital is fully prepared, Michael Barber, Chief Operating Officer, has assembled a Pandemic Task Force including members of Human Resources, Environmental Services, Information Technology, Security, Paramedics, Nursing Directors, Infection Prevention and Control and Public Relations. This task force is working to tailor the Hospital's current Emergency Response Plan to specifically handle an infectious outbreak, like avian influenza.

The plan of action includes such things as surveillance for an outbreak – being able to quickly recognize the first cases of an illness: making sure that front line staff is educated on the signs and symptoms of an infected patient and how to handle testing and treatment; the circumstances upon which an outbreak could occur; the structure of response; the reporting of known cases to the proper authorities; and the allocation of goods, staffing and resources throughout the community.

Communications with other community healthcare providers, including Emergency Response Groups, the Pennsylvania Department of Health and other hospitals, is essential in planning for such an occurrence. Each month members of these organizations assemble at The Chester County Hospital because of its central location to discuss established plans and community preparedness.

"These meetings are held to make sure that each organization's plans fit into the overall community disaster plan," explains Ron Takacs, Hospital Safety Officer and Emergency Preparedness Coordinator. "Effective communications between these organizations is key to efficiently treat and manage an outbreak."

The education of Hospital departments, both clinical and non-clinical is essential for such an event. The Human Resources Department has developed a plan to educate and train employees on their role in the emergency plan as well as to distribute information on how to prepare for a pandemic.

Charleen Faucette, M.T., H.E.W., Director of Infection Prevention and Control says, "The prospect of this illness seems to frighten us more. Perhaps

Ginca 1925

because as a society we're less prepared since we haven't had to deal with widespread outbreaks of diseases like our grandparents did." The majority of people in the community have not had to face issues like this in their lifetimes.

But, she adds, our community has advantages over years gone by. We have a healthcare network that is more technologically advanced and has more sophisticated, and extensive, methods of communication that allow essential information to be available in real-time from accurate and reliable sources. To aid in our planning efforts, the Hospital proactively looks toward the Centers for Disease Control and Prevention (www.cdc.gov) and the World Health Organization (www.who.int) to stay on top of the latest information.

For more information about Avian Flu and ways that you and your family can prepare should an outbreak ever occur, visit www.cchosp.com, click on "Keeping You Well" in the menu section and select "Community Awareness" from the drop down menu. More in depth information can be found at www.cdc.gov.

#### ATTENDING STAFF



Craig Barkan, M.D., Attending Staff, Department of Pediatrics. Dr. Barkan graduated from the University of Michigan Medical

School, completed a residency at Schneider Children's Hospital in New York, and has joined Chester County Pediatrics.



Brian Bigler, M.D., Attending Staff, Department of Surgery, Section of Ophthalmology. Dr. Bigler graduated from Jefferson

Medical College, completed an internship and residency at Albert Einstein Medical Center and a residency at Wills Eye Hospital, and has joined Vistarr Laser and Vision Center.



Jill Brazelton, M.D., Attending Staff, Department of Pediatrics. Dr. Brazelton graduated from Stanford University in

California, completed an internship and residency at Lucile Packard Children's Hospital in California, and is Board Certified in Pediatrics. She has joined Chester County Pediatrics.

Andrew Brown, D.O., Attending Staff, Department of Medicine, Section of Pulmonary Diseases. Dr. Brown graduated from New York College of Osteopathic



### NEWPHYSICIANS

Medicine, completed an internship at Coney Island Hospital in New York and a residency at Maimonides Medical Center in New York. He is Board Certified in Internal Medicine, Critical Care Medicine and Pulmonary Diseases and has joined Pulmonary Diseases, Ltd.



D.O., Attending Staff, Department of OB/GYN. Dr. Delaney graduated from the Philadelphia College

Melissa Delaney,

of Osteopathic Medicine, completed an internship and residency at the Philadelphia College of Osteopathic Medicine, is Board Certified in Obstetrics /Gynecology and has opened an office in West Chester.



Eric Frehm, M.D., Attending Staff, Department of Pediatrics, Section of Neonatology. Dr. Frehm graduated from Yale University

School of Medicine, completed a residency and fellowship at The Children's Hospital of Philadelphia and is Board Certified in Pediatrics.



Steven Fukuchi, M.D., Attending Staff, Department of Surgery, Section of General Surgery. Dr. Fukuchi graduated

from Northwestern University Medical School in Chicago, completed an internship at the Medical College of Pennsylvania and a residency at Hahnemann University Hospital and Temple University Hospital, along with a fellowship at Hahnemann and Temple. Dr. Fukuchi is Board Certified in General Surgery and has joined Surgical Specialists, P.C.



Carolyn Glazer-Hockstein, M.D., Attending Staff, Department of Surgery, Section of Ophthalmology. Dr. Glazer-Hockstein

graduated from Jefferson Medical College, completed an internship at Presbyterian Medical Center, and a residency and fellowship at Scheie Eye Institute in Philadelphia. She is Board Certified in Ophthalmology and has joined Chester County Eye Care Associates.

Dwight Johnson, D.O., Attending Staff, Department of Medicine, Section of Internal Medicine. Dr. Johnson graduated from the Philadelphia College of Osteopathic Medicine, completed an internship at St. Joseph's Hospital in Philadelphia and a residency at Hahnemann University Hospital. He is Board Certified in Internal Medicine and has joined Ellis and Sitkoff Partners in Healthcare.

Jennifer Kaplan, M.D., Attending Staff, Department of Pediatrics, Section of Neonatology. Dr. Kaplan graduated from the University of Texas Southwestern Medical School, completed an internship and residency at the University of Maryland Hospital for Children and a fellowship at the Children's Hospital of Philadelphia. Dr. Kaplan is Board Certified in Pediatrics.

SYNAPSE



Anesthesiology. Dr. Krasner graduated from Temple University Medical School, completed an internship at the University of Chicago, a residency at Temple University and a fellowship at the University of Florida. Dr.

Department of

Krasner is Board Certified in Anesthesiology and Critical Care Medicine, and has joined West Chester Anesthesia Associates.



Alex Kuryan, M.D., Attending Staff, Department of Medicine, Section of Gastroenterology. Dr. Kuryan graduated from Hahnemann

University in Philadelphia, completed an internship, residency and fellowship at Temple University Hospital, is Board Certified in Internal Medicine and has joined West Chester G.I. Associates.

George Lieb, M.D., Attending Staff, Department of Medicine, Section of Pulmonary Diseases. Dr. Lieb graduated from the Universidad Eugenio Maria De Hostos in the Dominican Republic, completed a residency at Episcopal Hospital in Philadelphia and Trenton Affiliated Hospital in New Jersey, and completed a fellowship at Presbyterian Medical Center in Philadelphia. Dr. Lieb is Board Certified in Internal Medicine and Pulmonary Diseases and has joined Pulmonary Diseases, Ltd.



Catherine Lubwama, M.D., Attending Staff, Department of Medicine, Section of Internal Medicine. Dr. Lubwama graduated from Makerere

University Medical School in Uganda, completed an internship at St. John's Episcopal Hospital in New York and a residency at Maryland General Hospital. She has joined Hospital Care Specialists (practice is limited to Hospital inpatients).



Frin McGovern. D.P.M., Attending Staff, Department of Surgery, Section of Podiatry. Dr. McGovern graduated from California

College of Podiatric Medicine and Surgery, completed a residency at Yale-VA Connecticut Healthcare System and is in practice with Foot and Ankle Associates, LLP.



Gregg Neithardt, M.D., Attending Staff, Department of Medicine, Section of Cardiology. Dr. Neidhardt graduated from Georgetown

University School of Medicine, completed an internship, residency and fellowship at University of Chicago Hospitals, is Board Certified in Internal Medicine and Cardiology and has joined Chester County Cardiology Associates.

Matthew Ochs, M.D., Attending Staff, Department of Medicine, Section of Internal Medicine. Dr. Ochs graduated from Temple University, completed an internship and residency at SUNY at Buffalo in New York and a fellowship at the University of Tennessee. Dr. Ochs is Board Certified in Internal Medicine and Rheumatology, and has joined L. Peter Soraruf, IV, M.D. in practice.



Rajesh Patel, M.D., Attending Staff, Department of Medicine, Section of Pulmonary Diseases. Dr. Patel graduated from Baroda Medical

College in India, completed an internship at Crozer Chester Medical Center, a residency at Episcopal Hospital and a fellowship at Presbyterian MedicalCenter. Dr. Patel is **Board Certified in Internal Medicine** and Pulmonary Diseases and has joined Pulmonary Diseases, Ltd.

Brian Polesuk, M.D., Attending Staff, Department of Radiology. Dr. Polesuk graduated from UMDNJ - Robert Wood Johnson Medical School in New Jersey, completed an internship at Overlook Hospital in New Jersey and a residency and fellowship at Duke University in North Carolina. Dr. Polesuk is Board Certified in **Diagnostic Radiology.** 



Lori Schwartz, M.D., Attending Staff, Department of Pediatrics. Dr. Schwartz graduated from Hahnemann School of Medicine.

completed an internship and residency at St. Christopher's Hospital for Children in Philadelphia, and has joined Kids First -North Hills.

Mary Scanlon, M.D., Attending Staff, Department of Radiology. Dr. Scanlon graduated from the Medical College of Pennsylvania, completed an internship and residency at Albert Einstein Medical Center in Philadelphia, and is Board Certified in **Diagnostic Radiology and Neuroradiology.** 



Rashna Staid, M.D., Attending Staff, Department of Medicine, Section of Internal Medicine. Dr. Staid graduated from Syracuse

College of Medicine in New York, completed an internship and residency at Lahev Clinic in Massachusetts, is Board Certified in Internal Medicine and has opened an office in Exton.



Molly Stumacher, M.D., Attending Staff, Department of Medicine, Section of Hematology/ Oncology. Dr. Stumacher graduated

from Harvard Medical School, completed an internship and residency at Brigham & Women's Hospital in Boston, and a fellowship at the Hospital of the University of Pennsylvania. Dr. Stumacher has joined Chester County Hematology/Oncology.

John Walsh, D.O., Attending Staff, Department of Medicine, Section of Internal Medicine. Dr. Walsh graduated from the Philadelphia College of Osteopathic Medicine, completed an internship at Metropolitan Hospital and a residency at Mercy Catholic Medical Center. He is Board Certified in Internal Medicine and has joined Penn Primary Care at East Marshall Street.

#### COURTESY STAFF

Richard Conti, D.P.M., Courtesy Staff, Department of Surgery, Section of Podiatry. Dr. Conti graduated from Temple University School of Podiatric Medicine, completed an internship at Yale Podiatry Group and a residency at Metropolitan-Parkview in Philadelphia. He is Board Certified in Podiatric Surgery and is in practice with Foot & Ankle Associates, LLP.

Simin Dadparvar, M.D., Courtesy Staff, Department of Radiology. Dr. Dadparvar graduated from Pahlavi University in Iran, completed an internship at Greater Baltimore Medical Center, a residency at Presbyterian Medical Center and a fellowship at Hahnemann Hospital. Dr. Dadparvar is Board Certified in Nuclear Medicine.

Robert Denitzio, M.D., Courtesy Staff, Department of Family Practice. Dr. Denitzio graduated from Georgetown University School of Medicine, completed a residency at United Hospital Center in West Virginia, is Board Certified in Family Medicine and has an office in West Grove. Steven Han, M.D., Courtesy Staff, Department of Medicine, Section of Nephrology. Dr. Han graduated from Mt. Sinai School of Medicine in New York, completed an internship, residency and fellowship at Thomas Jefferson University Hospital, is Board Certified in Internal Medicine and has joined Clinical Renal Associates.

Vikram Hatti, M.D., Courtesy Staff, Department of Radiology. Dr. Hatti graduated from Meharry Medical College - School of Medicine in Tennessee, completed an internship at University of Maryland Medical System and a residency at University Hospital – SUNY Health Center in New York. He is Board Certified in Diagnostic Radiology.

Bethany Kutz, M.D., Courtesy Staff, Department of Pediatrics. Dr. Kutz graduated from Hahnemann School of Medicine, completed an internship and residency at Thomas Jefferson University Hospital/DuPont Hospital for Children, and has joined Kid First – Chadds Ford.

Robert Lustig, M.D., Courtesy Staff, Department of Radiology, Section of Radiation Oncology. Dr. Lustig graduated from Jefferson Medical College, completed an internship and residency at Metropolitan Hospital in New York, and is Board Certified in Therapeutic Radiology.

Paul Mayer, M.D., Courtesy Staff, Department of Radiology. Dr. Mayer graduated from SUNY – Downstate Medical College in New York, completed an internship at Maimonides Medical Center and a residency at Mt. Sinai Medical Center in New York. Dr. Mayer is Board Certified in Diagnostic Radiology.

Ritu Rajwar, M.D., Courtesy Staff, Department of Radiology. Board Certified in Diagnostic Radiology,

Dr. Rajwar graduated from Baroda Medical College in India, completed an internship at Wyckoff Heights Medical Center in New York and a residency and fellowship at Hershey Medical Center.

Lawrence Solin, M.D., Courtesy Staff, Department of Radiology, Section of Radiation Oncology. Dr. Solin graduated from Brown University in Rhode Island, completed an internship at SUNY at Buffalo in New York and a residency at Thomas Jefferson University. He is Board Certified in Radiation Oncology.

Zelig Tochner, M.D., Courtesy Staff, Department of Radiology, Section of Radiation Oncology. Dr. Tochner graduated from Hebrew University in Israel, completed an internship and residency at Hadassah University Hospital in Israel and a fellowship at the National Cancer Institute in Maryland. Dr. Tochner is Board Certified in Radiation Oncology.

#### DENTAL STAFF

Michael Lemper, D.M.D., Courtesy Staff, Department of Surgery, Section of Pediatric Dentistry. Dr. Lemper graduated from the University of Pennsylvania Dental School, completed a residency at St. Christopher's Hospital in Philadelphia, and has joined Children's Dental Health Associates.

#### COURTESY FOR COVERAGE ONLY

Michael Chiusano, D.O., Courtesy Staff for Coverage Only, Department of Surgery, Section of Urology. Dr. Chiusano graduated from the Philadelphia College of Osteopathic Medicine, completed an internship at Philadelphia College of Osteopathic Medicine and a residency at Albert Einstein Medical Center. He will provide coverage as needed for the practices of Dr. Kulp and Dr. Rosenblum.

#### ASSOCIATE STAFF FOR CARDIOLOGY

Antonio Chamoun, M.D., Associate Staff for Catheterization Laboratory, Department of Medicine, Section of Cardiology. Dr. Chamoun graduated from Saint Joseph University Hospital in Lebanon, completed an internship and residency at Cooper Hospital in New Jersey and a fellowship at the University of Texas Medical Branch at Galveston. Dr. Chamoun is Board Certified in Internal Medicine, Cardiology and Interventional Cardiology and is in practice with Brandywine Valley Cardiovascular Associates.

Michael Sabadish, M.D., Associate Staff for Catheterization Laboratory, Department of Medicine, Section of Cardiology. Dr. Sabadish graduated from Hahnemann University, completed an internship, residency and fellowship at Hahnemann University, and is Board Certified in Internal Medicine. He is in practice with Brandywine Valley Cardiovascular Associates.

## AVE THE DATES

In coming months The Chester County Hospital will be hosting or taking part in a number of community events.

### **BREAST CANCER PREVENTION & SCREENING**

### What Every Women Needs to Know

Celebrate Breast Cancer Awareness Month with The Chester County Hospital and ACAC Fitness and Wellness Center. Join us from 6 to 8:30 p.m. to learn what every woman needs to know about the prevention, detection and risk factors associated with breast cancer from a panel of health care experts. Discuss the latest information regarding breast cancer screenings and learn why early detection is so important from presenters Melissa Delaney, DO, Ob/Gyn; Rashna Staid, MD, Internal Medicine; Frederick Squires, MD, Radiology. Explore the measures and lifestyle changes that may help to reduce your risk of developing breast cancer.

Fee: \$10\* includes a champagne, hors d'oeuvres and dessert reception. ACAC Fitness and Wellness Center is offering complimentary use of the indoor pool, hot tub, sauna, and fitness center between 4pm-6pm on the day of the program. Feel free to wear your exercise clothes and bring a bathing suit. Registration Required. To attend, call 610-738-2300.

### **4 DIABETES DAY 4 2006**

Join The Chester County Hospital to learn how to simplify all of the information that you have learned about diabetes self-management into three simple recommendations: thinking smart, eating well and



moving more. During this half-day program from 8:15 a.m. to 12 noon at the Fern Hill Medical Building, participants will learn the proper steps to achieve and maintain a balanced lifestyle through

educational workshops, exhibits and one-on-one interaction with healthcare professionals.

Jeffrey Harris, PhD, RD will speak about thinking smart; Mark Goodwin, CEC, will discuss eating well; Mark Kotarkis, Med, CES will demonstrate moving more. John D. Dougherty, MD, and Marielle C. Briones, MD will be available to a "Meet the Doc" session. Diabetes Day will include vendor displays, door prizes, giveaways and morning refreshments.

Striking a healthy balance in life is crucial, especially for those with diabetes. This program is FREE, however space is limited. Pre-registration is required by calling 610-738-2300.

\* Source: American Heart Association<sup>®</sup> No-Fad Diets. 2005



OCTOBER 15

DILWORTHTOWN INN WINE FESTIVAL Featuring the finest wines, fare, shopping and entertainment, this event on October 15 benefits the Cancer Center of Chester County and Neighborhood Hospice and is collaboratively organized by the Dilworthtown Inn along with the Greystone and Turks Head Auxiliaries to The Chester County Hospital. Tickets are \$30. For more information or to purchase tickets, visit www.dilworthtown.com or call the Special Events Information/Hotline at 610-430-2906.



### movers shakers newsmakers

### May Festival achieves its \$160,000 goal

The 23rd Annual May Festival broke all previous records making an impressive donation of \$160,000 to The Chester County Hospital. Graced with beautiful weather and a number of hard-working volunteers, families came out in droves for the fun, games, food, bike rides and run and walks that the weekend had to offer.



Pictured from left to right: Pictured proudly displaying the sum of this year's proceeds are from left to right: Kevin Holleran, Chairman, The Chester County Hospital Foundation; Joan Orr, May Festival Co-Chair; H.L. Perry Pepper, President and CEO, The Health Network of The Chester County Hospital; Roberta Feder, May Festival Co-Chair; John Featherman, Chairman and CEO of First National Bank, the Festival's Presenting Sponsor; and Samantha Spadotto, Special Events Manager.

### NEW BOARD MEMBERS

The Chester County Hospital is pleased to welcome Timmy Nelson and John (Jeb) Hannum, III to its Turk's Head Health Services Board of Directors.

Mr. Nelson is currently the UPS East Central Region Public Affairs Manager. A graduate of Geneva College with a degree in Human Resources, Mr. Nelson has been working at UPS in various capacities since 1977. In his current position, he is responsible for government relations for five states. Mr. Hannum is the Director of Global Patient Advocacy – Oncology for Bristol-Meyers Squibb Co. In this role he is responsible for managing and developing relationships with patient advocacy organizations. Prior to his current position, he had worked for companies such as GlaxoSmithKline and the United Nations Foundation, Mr. Hannum holds a bachelor's degree from Hobart College in European History, and a master's degree from University of Pennsylvania in Government Administration. The Turk's Head Board oversees the Hospital's corporate business interests. Mr. Nelson and Mr. Hannum will serve on the eight-member Board until the fall of 2007.



Timmy Nelson



Jeb Hannum

### FORE HEALTH GOLF TOURNAMENT Supports The CardioVascular Center



Friends of the Hospital and The CardioVascular Center gathered at White Manor Country Club on September 18 for the Hospital's annual golf tournament, organized by the Willistown branch of the Women's Auxiliary to The Chester County Hospital. Larry Garvey, Account Executive; Mike McHugh, Regional Vice President; and Bill Mahoney, Senior Director Product Marketing supported the outing as participants and also as representatives of Siemens, the title sponsor.



Enjoying a day on the course are doctors Joseph Lewis, M.D., Cardiology; Nicholas Vaganos, M.D., Cardiology; Cheston Simmons, Jr., M.D., Orthopedics; and L. Peter Soraruf, IV, M.D., Family Practitioner.

### WOMEN'S AUXILIARY MAKES RECORD-BREAKING DONATION

The Women's Auxiliary to The Chester County Hospital recently marked the close of its 2005-2006 fundraising year by presenting \$541,492.96 to The Chester County Hospital Foundation. The all-time high donation was a milestone for the organization that has been raising funds for the Hospital since 1893. This year's proceeds helped to fund the purchase of a variety of equipment and to support programs throughout the Hospital.



Front row, from left: Dianne Vaughan, Secretary; Harriet Whittaker, past President; Nancy Robinson, President; Debbie Hess, First Vice President; Charlotte Gilpin, Treasurer; Dorris Mitman, Assistant Treasurer; and Peggy Pastino, Third Vice President. Back row, from left: H. L. Perry Pepper, President and CEO, The Health Network of The Chester County Hospital; and Kevin Holleran, Esq., Chairman, The Chester County Hospital Foundation.

# Everyday Heroes Saving Lives.

WEST CHESTER, PA **VON-PROFIT** PAID

HEROES SURROUND US. EVERY DAY AT THE CHESTER COUNTY HOSPITAL ORDINARY PEOPLE DO EXTRAORDINARY THINGS. THESE REAL-LIFE HEROES RISE TO HELP A NEIGHBOR, STRIVE TO SAVE A LIFE. OR SURVIVE ON SHEAR WILL AND DETERMINATION.

In coming months, we will introduce you to your neighbor Bill Uster. The newest heroes in his life are the men and women who helped save it this past spring.

When The Chester County Hospital - an independent, not-for-profit Hospital - launches its 2006-2007 Annual Appeal in October, we will begin a fundraising initiative aimed at gathering support from the community. Your participation last year helped us to raise more than \$300,000. Your continued support this year will help us to meet the ongoing healthcare needs of the men, women and children who have counted on us for more than a century. It is a campaign that benefits programmatic and technological growth within the Hospital while helping us maintain our provision of healthcare to all members of the community, regardless of their ability to pay.

> WE ALL NEED HEROES. PLEASE CONSIDER BEING OURS. For more information or to make a gift to The Chester County Hospital, contact 610-431-5110 or visit the "CCH & You" section of www.cchosp.com.

THE CHESTER COUNTY HOSPITAL. HEROES HELPING HEROES. HELP US BRING OUT THE HERO IN YOU.



*The Health Network of* The Chester County Hospital

701 East Marshall Street

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